### County Health Depts. continued Garrard . . . . . . . . . . . . . . . . . . 859-792-2153 Greenup . . . . . . . . . . . . . . 606-473-9838 Hopkins . . . . . . . . . . . . . . . . . 270-821-5242 Johnson . . . . . . . . . . . . . . . . . 606-789-2590 Knox . . . . . . . . . . . . . . 606-546-3486 Laurel . . . . . . . . . . . . . . . . . 606-864-5187 Lewis . . . . . . . . . . . . . . . . 606-796-2632 Lexington Fayette. . . . . . . . 859-288-2398 Lincoln . . . . . . . . . . . . . . . . 606-365-3106 Louisville Metro . . . . . . . . . 502-574-6633 Madison . . . . . . . . . . . . . . . . . . 859-623-7312 Magoffin . . . . . . . . . . . . . . . . . 606-349-6212 Mercer.....859-734-4522 Monroe . . . . . . . . . . . . . . . . . . 270-487-6782 Montgomery . . . . . . . . . . . . . . . . . 859-498-3808 Powell . . . . . . . . . . . . . . . . . 606-663-4360 Todd . . . . . . . . . . . . . . . . 270-265-2362 Whitley . . . . . . . . . . . . . . . . 606-549-3380

Bolded sites receive funding for comprehensive diabetes programs and some statewide responsibilities.

Woodford . . . . . . . . . . . . . . . . . 859-873-4541



# **KDPCP State Staff**

#### **Kentucky Department for Public Health**

Theresa Renn, BSN, RN, CDE or Reita Jones, BSN, RN Linda Leber, BSN, RN, CDE or Ron Alsup, BA Chronic Disease Prevention and Control Branch http://chs.state.ky.us/publichealth/diabetes.htm 275 East Main Street, HS1C-B Frankfort, KY 40621-0001 502-564-7996

### **Web Resources**

- American Association of Diabetes Educators www.aadenet.org
- American Diabetes Association www.diabetes.org
- AMERICAN DIETETIC ASSOCIATION www.eatright.org
- Barren River District Health Dept. www.barrenriver.org
- Centers for Disease Control and Prevention www.cdc.gov/diabetes
- CUMBERLAND VALLEY DISTRICT HEALTH DEPT.
   www.cvdhd.com
- Green River District Health Dept. www.healthdepartment.org
- HEALTHFINDER www.healthfinder.gov
- Juvenile Diabetes Research Foundation Intl. www.jdrf.org
- Kentucky Diabetes Network, Inc. www.kentuckydiabetes.net
- KY DIABETES PREVENTION AND CONTROL PROGRAM http://chs.state.ky.us./publichealth/ diabetes.htm
- Kentucky Dietetic Association www.kyeatright.org
- Lexington Fayette County Health Dept. www.lexingtonhealthdepartment.org
- LINCOLN TRAIL DISTRICT HEALTH DEPT. http://lincolntraildistricthealthdepartment. state.ky.us/
- Lousiville Metro Health Dept. www.loukymetro.org
- National Diabetes Education Program www.ndep.nih.gov
- NATIONAL INSTITUE OF DIABETES & DIGESTIVE & KIDNEY DISEASES http://www.niddk.nih.gov
- UK Cooperative Extension Service www.ca.uky.edu

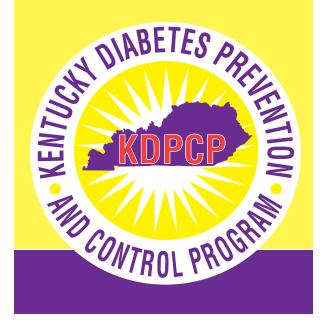
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# PREVENTION AND CONTROL PROGRAM

A program of the Kentucky Department for Public Health

http://chs.state.ky.us/publichealth/diabetes.htm



# **Did You Know?**

Diabetes in Kentucky is common, serious, costly, and controllable. It affects thousands of individuals in Kentucky and poses a major public health problem.

#### Diabetes is **COMMON**

- 1 in 10 adults have diabetes, one third do not know they have it! (2001)
- One in two adults is at increased. risk for developing diabetes largely due to risk factors such as being overweight and/or inactive.

#### Diabetes is **SERIOUS**

Diabetes is the 5th leading cause of death by disease. (1999)

#### Diabetes is **COSTLY**

The direct and indirect cost of diabetes totaled approximately \$2.4 billion in 1999.

#### Diabetes is **CONTROLLABLE**

Research indicates that complications and deaths related to diabetes can be reduced through quality care and aggressive treatment.



#### Who We Are

The Kentucky Diabetes Prevention and Control Program (KDPCP) is a public health initiative consisting of a network of state, regional, and local health professionals whose mission is to reduce new cases of diabetes as well as the sickness, disability and death associated with diabetes and its complications.

#### What We Do

#### **Community Mobilization**

• Mobilize local and state partnerships to identify and positively impact diabetesrelated issues.

#### **Public Awareness**

• Promote state and national diabetes campaign materials and messages to the public

# **Community Group Education**

• Provide classes to inform, educate and empower those with or at risk for diahetes

# **Professional Education/Quality Improvement**

• Facilitate efforts to improve access to quality care for those with or at risk for diabetes.

#### **Surveillance and Evaluation**

• Monitor data to assess the impact of diabetes, plan appropriate interventions and evaluate the effectiveness of program efforts.

## Where We Are

For details about diabetes-related activities in your area, contact your district/local health department, or the state KDPCP staff listed below and on the reverse side of this brochure.

#### **District Health Departments**

Barren River	270-781-8039
Buffalo Trace	606-564-9447
<b>Cumberland Valley</b>	606-864-4764
FIVCO	606-329-9444
Gateway	606-674-6396
Green River	207-686-7747
Kentucky River	606-439-2361
Lake Cumberland	606-678-4761
Lincoln Trail	270-769-1601
Little Sandy	606-474-4115
North Central	502-633-1243
Northern KY	859-341-4264
Pennyrile	270-388-9747
Purchase	270-444-9625
Three Rivers	502-484-3412
WEDCO	859-234-8750

## COLUMN TO THE RESERVE OF

County Health Dep	oartments	
Allen	270-237-4423	
Anderson	502-839-4451	
Bourbon	859-987-1915	
Boyle	859-236-2053	
Bracken	606-735-2157	
Breathitt	606-666-5274	
Breckinridge	270-756-5121	
Bullitt	502-543-2415	
Christian	270-887-4160	
Clark	859-744-4482	
Estill	606-723-5185	
Fleming	606-845-6511	
Floyd	606-886-2788	
Franklin	502-564-7647	
Please see reverse		

Please see reverse